DR. MAHESH SINGH DHAPOLA

Designation: Assistant Professor, Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.)

Background: Born & brought up at Uttarakhand, India, Joined Lakshmibai National Institute of Physical Education (L.N.I.P.E.), Gwalior (M.P.) as a student in 2002. He did his B.P.E. & M.P.E. and got Academic merit scholarship for four consecutive years from 2003 to 2006. He Have been qualified National Eligibility test (December 2006) conducted by University Grants Commission and Completed his Ph.D. at L.N.I.P.E. Gwalior (M.P.). He has also worked at LNIPE as a Lecturer on purely temporary and contractual basis for four years from 2007 to April 2011. At present he is working as Assistant Professor at G.G.V. Central University since 14 June, 2011.

Sports Achievements: He has represented L.N.I.P.E., Gwalior in West Zone Intervarsity Cricket Tournaments five times from 2002-03 to 2006-07 and played Vizzy Trophy twice in 2005-06 at Kolkata and 2006-07 at Mumbai. To utilize his knowledge and skills, he was selected as a trainer to train 30,000 volunteers for smooth functioning of Delhi Common wealth Games, 2010.

Paper Publications / **Presentations** / **Books:** Published more than 27 research papers in International and National journals, presented more than 15 research papers in International and National level seminars / conferences, and have published 01 book with international publisher.

Research Interests: Fitness, Exercise Physiology, Sports Psychology and Cricket.

Along with his duty he has shouldered other responsibilities of University which are as follows:

- 1. Intramural Secretary for the session 2011-12, 2012-13, 2013-14 & 2017-18.
- 2. Mentor of the B.P.ED. & M.P.ED. Course students for academic session 2013-14 to 2018-19.
- 3. Class teacher of B.P.ED. Sem.-I, B.P.ED.-IV, M.P ED. Sem.-I, M.P ED. Sem.-III & M.P ED. Sem.-IV for the academic sessions 2013-14 to 2018-19.
- 4. Member of Departmental Research Committee (DRC) for the session 2013-14, 2014-15, & 2018-19.
- 5. Member of curriculum design for "Six Week Certificate Course in Yog", which was introduced in the Department on 08/3/2017.
- 6. Worked as a *House master of Veer-Subhash house* for the Intramural Competitions from 2014-15 to 2016-17.
- 7. Teacher in charge of Classroom Teaching Lesson plan for M.P.ED. Sem.-II FROM 2014-15 to 2018-19.
- 8. Internal evaluator in the subject course "Anatomy, Physiology and Health Education", "Research Process in Physical Education & Sports Sciences", and "Research and Statistics in Physical Education" of B.P.ED. & M.P.ED. Course along with practical classes.
- 9. Member of *Departmental Discipline Committee* for the session 201314 to 2018-19.
- 10. Teacher in charge and Coordinator of *Inter Faculty Sports Meet Competitions*2011-12, 2012-13 and 2017-18.
- 11. Teacher in charge and Departmental Coordinator of Annual Report compilation for the session 2011-12 to 2018-19.
- 12. Teacher in charge and Coordinator of Departmental "National Institutional Ranking Framework (NIRF)", Ministry of Human Resource Development from 2014-15 to 2018-19.
- 13. Teacher in charge and Coordinator of *Departmental "National Assessment and Accreditation Council (NAAC)"* from 2014-15 to 2018-19.
- 14. Teacher in charge and Departmental Coordinator of "National Council for Teacher Education (NCTE)" from 2014-15 to 2018-19.

- 15. Teacher in charge and Coordinator of Evening Activity (Practical) classes for B.P.ED. & M.P.ED. Course.
- 16. Teacher in charge and Departmental Coordinator for MEDIA CELL, G.G.V. from 2012-13 to 2017-18.
- 17. Teacher in charge and Intramural Secretary for Intramural Competitions for 2019-20.
- 18. Teacher in charge and Coordinator of Inter Faculty Sports Meet Competitions for 2019-20.
- 19. Teacher in charge and Departmental Coordinator of Annual Report compilation for 2019-20.
- 20. Teacher in charge and Coordinator of Departmental "National Institutional Ranking Framework (NIRF)", Ministry of Human Resource Development for 2019-20.
- 21. Teacher in charge and Coordinator of *Departmental "National Assessment and Accreditation Council (NAAC)"* for 2019-20.
- 22. Teacher in charge and Departmental Coordinator of "National Council for Teacher Education (NCTE)" for 2019-20.
- 23. Teacher in charge and Coordinator of *Evening Activity (Practical) classes* for B.P.ED. & M.P.ED. Course for 2019-20.
- 24. Course Coordinator of M.P.ED. Program for 2019-20.